



2026 Skating Academy - Weeks 1,2,3,6,7

Monday to Thursday (On Ice)

Paradise Double Ice Complex

6:30-7:20am	Pair/Dance Teams
	Flood
7:30-8:40am	Red Group 1
	Flood
8:50-9:50am	Green Group 1
	Flood
10:00-10:55am	Red Group 1
	Flood
11:05-11:55am	Green Group 1
	Flood
12:05-1:15pm	Blue Group 1
	Flood
1:25-2:25pm	Purple Group
	Flood
2:35-3:45pm	Blue Group 2
	Flood
3:55-4:55pm	Green Group 2
	Flood
5:05-6:15pm	Red Group 2
	Flood
6:25-7:15pm	Green Group 2
	Flood
7:25-8:20pm	Red Group 2

Friday (On Ice)

Paradise Double Ice Complex

7:00-7:20am	Red Group 1 Group Class
7:20-8:20am	Red Group 1
	Flood
8:30-9:20am	Green Group 1
9:20-9:40am	Green Group 1 Group Class
	Flood
9:50-10:40am	Blue Group 1
10:40-11:00am	Blue Group 1 Group Class
	Flood
11:10-12:10pm	Purple Group
	Flood
12:20-12:40pm	Blue Group 2 Group Class
12:40-1:30pm	Blue Group 2
	Flood
1:40-2:30pm	Green Group 2
2:30-2:50pm	Green Group 2 Group Class
	Flood
3:00-4:00pm	Red Group 2
4:00-4:20pm	Red Group 2 Group Class
	Flood
4:30-5:20pm	Pair/Dance Teams

Monday to Thursday (Off Ice)

9:00am-9:45am	Red Group 1
10:00am-10:45am	Green Group 1
11:00am-11:45am	Blue Group 1
12:15pm-1:00pm	Purple Group
4:15pm-5:00pm	Blue Group 2
5:10pm-5:55pm	Green Group 2
6:25pm-7:10pm	Red Group 2

Friday (Off Ice)

8:30-9:10am	Red Group 1
9:50-10:30am	Green Group 1
11:15-12:00pm	Blue Group 1 and 2
12:30-1:15pm	Purple Group
2:00-2:45pm	Red Group 2
3:00-3:45pm	Green Group 2

Stretch/Flexibility Classes

Tuesdays

1:00-1:45pm	Blue 2
1:45-2:30pm	Blue 1
2:45-3:30pm	Green 2
3:30-4:15pm	Red 2

Fridays

7:30-8:15am	Green Group 1
9:10-9:50am	Red Group 1
10:30-11:00am	Purple